



Survival Skills for the Competitive Bowler

A short-season program designed to improve and strengthen bowler fundamentals while generating revenue for participating centers.

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SURVIVAL SKILLS FOR THE COMPETITIVE BOWLER

It's a **JUNGLE** out there! Lanes swamped with Shark, Cheetah, Bear, Scorpion, Viper, Wolf, and other rapidly mutating oil patterns confuse even the most experienced competitors. The survivors are those with the strongest fundamentals.

Introducing the Teen Masters Experience, specifically designed to improve:

- **Accuracy**
- **Spare Shooting**
- **Patience**
- **Consistency**
- **Self-Reliance**
- **Problem Solving**

The Teen Masters Experience creates a learning environment in which the bowler is responsible for ball motion. With little assistance from the bowling ball or lane pattern, basic fundamentals such as hitting your mark and controlling ball speed/rotation become critical for success in knocking down pins.

Does it work? It certainly doesn't hurt. Since its launch in 2013, bowlers with Teen Masters Experience have **earned scholarships at Junior Gold at a rate 250% higher** than all other bowlers.

If you want to help your competitive bowlers improve their fundamentals, we invite you to offer the Teen Masters Experience in your center.

The **Teen Masters Experience** is comprised of four primary elements:

- Low tech bowling balls
- Low volume oil patterns
- Practice drills
- A competition format designed to appeal to teenagers

1. The Bowling Balls

The Teen Masters Experience features neutral bowling balls, meaning their cores create little flare and their coverstocks do not absorb oil. As a result, participants must learn how to manipulate their release to achieve desired ball motion. The PBA SKILL 3.02 shown below has a differential of only .009 and an RG of 2.58.



Lbs.	RG	Diff.
16#	2.58	0.009
15#	2.58	0.009
14#	2.58	0.009
13#	2.63	0.008
12#	2.64	0.008



Several other balls are also suitable for use in the TM Experience and qualifying tournaments, including any polyester ball with differential of .020 or less and any urethane ball with differential of .010 or less. Approved balls include:



Brunswick TZone



Columbia White Dot



DV8 Polyester



Ebonite Maxim



Storm Ice



Storm Mix

- Static Weights are limited to 1 ounce Finger, Thumb and Side
- Balance holes, if used, are limited to .075"
- Grips, interchangeable thumbs, and plugs are allowed

2. The Oil Patterns

Pattern Volume

Through the use of balls that do not flare or absorb oil, we have been able to significantly reduce the amount of oil put on each lane. Less oil results in less and slower transition. Slower transition provides more accurate feedback on what is a good shot and what is a bad shot. When oil is transitioning rapidly, it can be impossible to distinguish between a result caused by poor execution and one caused by changes in the oil pattern. Accurate feedback is critical for learning.

The SKILL oil patterns use less than 7 mL of oil. By comparison, the 2017 USBC Masters used over 31 mL.

Pattern Length

To encourage competitors to play different parts of the lane, the Teen Masters has used both Long and Short patterns. The 2019 patterns were 42' for SKILL Long and 32' for SKILL Short. They are downloadable here: <https://www.teenmastersbowling.com/tm-r-SkillPatterns.html>

3. The Practice Drills

To help young bowlers master their fundamentals, the experts at the Kegel Training Center created a series of SKILL Drills. They can be viewed at home or at the lanes.

Though the videos reference the PBA Skill balls, they are relevant regardless of the ball used. Video 1 is not listed as it is an overview specific to the PBA Skill 2.0 and 3.0 balls and patterns that may or may not be used in your program and is not a drill.

Video 2:	Stance & Start Drill	https://youtu.be/Fpw5FEe33QM
Video 3:	Approach & Steps Drill	https://youtu.be/C2VQ8Sd1yoA
Video 4:	Finish Drill	https://youtu.be/MWRl0zNj8oQ
Video 5:	Swing & Slide Drill	https://youtu.be/RrRIb08WThM
Video 6:	3-Step Drill	https://youtu.be/0yLqjoW418k
Video 7:	3-Point Targeting Drill	https://youtu.be/jboC5H5roec
Video 8:	Spare Shooting Drill	https://youtu.be/-L3Y8LBeX3I
Video 9:	Bowler Adjustment Options	https://youtu.be/asYuTPKoNeM
Video 10:	Preparation for Success	https://youtu.be/Ee4I5bDAh7Y

4. The Competition Format

Centers may use any format they choose for competition.

Friends & Foes™ is a fun “singles with a twist” format designed to appeal to teenagers.

- **Lane Assignments:** Individuals draw each week with 4 bowlers per pair.
- **Friends:** The top 2 bowlers are partners and compete against the bottom 2 bowlers.
- **Foes:** The top 2 bowlers are also singles opponents, as are the bottom 2 bowlers.
- **Points:**
 - * Singles: 1 point per game plus 1 point for total
 - * Doubles: 2 points per game plus 3 points for total
- **Recap Sheet:** Friends & Foes recap sheet will be provided to registered programs.

Format Recommendations

Though you have control of how many weeks you format your program and how much you charge, we offer the following recommendations:

- **Duration** 8-10 Weeks
- **Teacher/Coach** It is important for the program to include an individual who will guide and enhance each participant’s learning experience, and they should be compensated for their expertise and time.
- **Weekly Format** *Designed to be completed in less than 2 hours*
 - * At home Participants watch designated Skill Drill video
 - * 0:00 – 0:30 Practice using the designated Skill Drill
 - * 0:30 – 1:45 Competition: Three games, four bowlers per pair
- **Two Sessions** Offer both Fall and Winter sessions
- **Tournament** Students learn best by doing. Encourage your participants to test their skills at a Teen Masters Qualifying Tournament.

Projected Program Financials

Based on two 10-week sessions (one Fall and one Spring) with 12 bowlers in each session.

Each participant pays a weekly fee of \$20 which includes:

- Bowling center compensation 15
- Teacher/coach compensation 5

In this scenario, each session participant receives the following for only \$200:

- 10 weeks of bowling instruction
- 5 hours of practice
- 30 games of bowling competition

Revenue based on 12 bowlers x 2 sessions:

- Center\$3,600
- Teacher/coach.....\$1,200

Each center determines its own pricing.

To become an official **Teen Masters Experience** center or pro shop, please follow these steps:

1. Register as a Bowling Center or Pro Shop on TeenMastersBowling.com
2. Send an email to GaryB@TeenMastersBowling.com that includes:
 - Your name
 - Center/Pro Shop Name
 - City/State/Country

Once received and processed, you will be sent:

- A customizable, high-resolution Teen Masters Experience flyer
- Recap sheets for the Friends & Foes™ format



Thank you for your interest in the Teen Masters Experience.
We look forward to working with you!



PLATINUM TEEN MASTERS EXPERIENCE REGISTRATION FORM

Advance one boy and girl directly to the 2020 Teen Masters USA Championships in Richmond, VA!

- Register as a Bowling Center, Pro Shop or Coach on TeenMastersBowling.com
- Purchase the Teen Masters Experience Platinum Package here or in the Pro Shop on TeenMastersBowling.com
- Platinum programs will advance 1 boy and 1 girl directly to the 2020 Championships in Richmond
- Platinum programs receive a discount of \$100 on each case purchase of PBA SKILL 3.02 balls

Complete this form and email to garyb@teenmastersbowling.com

INDIVIDUAL'S NAME _____ BUSINESS NAME _____
 SHIPPING ADDRESS _____
 CITY _____ STATE _____ ZIP _____
 PHONE _____ EMAIL _____

TEEN MASTERS EXPERIENCE PLATINUM PACKAGE

LIMIT ONE PER CENTER

Includes paid entry for one boy and one girl into the 2020 Championships — \$600 until September 30

Package increases to \$660 on October 1, 2019

PBA SKILL 3.02 BALLS

SAVE \$100 on CASE ORDERS!

CASES

\$419 per case (normally \$519.80) — discount available only to Platinum programs.

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BALLS PER WEIGHT

12#

13#

14#

15#

16#

Total balls = # Cases x 4

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PAYMENT INFORMATION

NAME ON CREDIT CARD _____ TOTAL TO CHARGE _____
 CARD NUMBER _____ EXPIRATION (XX/20XX) _____
 BILLING ADDRESS _____ CVV _____
 CITY _____ STATE _____ ZIP _____